

james christopher interview - william l. white - james christopher: well, after several false starts, ... (1988), unhooked: staying sober and drug free (1989), and sos sobriety (1992), were all published through prometheus books. these books further elaborated the sos approach to recovery. my fourth book, escape from nicotine country: how to stop smoking painlessly (1999), was my response to the hideous cigarette addiction problem.

we ... **how to stay sober: recovery without religion** - james christopher, who got sober in aa in 1978, if i want recovery from addiction, can the 12 steps work for me without my else who understood seemed to help us stay honest with ourselves. secular organizations for sobriety (sos) traditional support groups imply that recovery is simply not possible without reliance on . from alcoholism or drug addiction is answered in how to stay sober ... **family and friends recovery rationale behind** ...- by james christopher (prometheus books, 1988) christopher describes his own recovery without reli-gion. he focuses on the practical aspects of his triumph over alcoholism and includes guidelines for the formation of secular support groups. sos sobriety: the proven alternative to 12-step programs by james christopher (prometheus books, 1992) sos sobriety describes the proven methods of ... **secular organization for sobriety (sos) combined ...** - secular organization for sobriety (sos) combined bibliography secular organization for sobriety (sos) professional bibliography by rita chaney, ms and william white **free sober d staying that way the missing link in the cure ...** - download sober d staying that way the missing link in the cure for alcoholism pdf download sober d staying that way the missing link in the cure for alcoholism free pdf ,

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